



School Lunch Program

Harried & Hungry delivers fresh, delicious, and nutritious school lunches made from scratch at our WSDA-certified commissary kitchen to private schools in the greater Seattle area. Our mission is to ensure that students receive the healthy meals they need to thrive throughout the day.

We take pride in crafting each meal with care. It all begins in our bakery, where we bake breads and desserts fresh daily without additives. From there, we move to our hot line kitchen, where we strive to prepare everything from scratch using the best locally and sustainably sourced ingredients.

Our balanced and flavorful menus cater to young palates and dietary needs, focusing on quality, taste, and nutrition. Harried & Hungry is committed to providing students with wholesome meals that nourish both body and mind.

Order through Boonli!

We've partnered with BOONLI to provide a secure, fast, and user-friendly online ordering portal, with no charge for setup. Parents and students can easily browse our monthly menus, place orders for multiple days or students, and prepay using their smartphones, tablets, or computers. BOONLI is a cloud-based lunch ordering and payment platform designed specifically for schools and their food partners.

BOONLI simplifies connections with parents, students, staff, and employees, streamlining food programs and cafeteria operations while creating custom shopping experiences. Used by over 1,000 schools and various workplaces across the U.S., BOONLI helps connect communities with quality local food options and manage lunch programs seamlessly.

Explore our Menus!

At Harried & Hungry, we invite you to explore our diverse menus tailored to meet the preferences and dietary needs of your students. We understand that every student has unique tastes, so we encourage requests and feedback to help us customize our offerings. In addition to our standard lunch options, you can access a variety of choices from our catering and bakery menus, featuring freshly baked goods and seasonal specialties. We strive to provide balanced and flavorful meals while keeping pricing transparent. Take a look at our menu examples to see how we can make lunchtime a delightful experience for every student!



Pricing Examples

Brown Bag Lunch \$5.25

- Turkey & Cheddar or Ham & Cheddar on Whole Wheat, Fresh Baked Cookie, Bottled Water
- Gluten-free option available for an additional +\$1.25

Specialty Sandwich, Wrap or Salad with Two Sides \$7.50 - 8.75

- Side 1 example: Celery or carrot sticks, fresh or dried fruit
- Side 2 example: House-baked cookie or brownie, Granola bar, Goldfish crackers

Hot Meal Option with Two Sides \$9.00 - \$10.25

- Side 1: Fixed vegetable (not optional)
- Side 2: Fixed sweet treat (not optional)

EXAMPLE MENU:

Week 1

- **PBJ** - Organic Peanut Butter and Strawberry Jam on Whole Wheat
- **Turkey Cheddar** - Smoked Turkey & Cheddar Cheese on Whole Wheat
- **Honey Ham** - Black Forest Ham, Swiss Cheese, Lettuce, and Tomato on Whole Wheat

Hot Lunch Options (M-TH):

- **Mashed Potato Bowl with Fried Chicken, Gravy, Steamed Vegetables, and Fruit Cobbler**
- **Cheeseburger Sliders with Tater Tots and Fruit Cobbler**
- **Macaroni & Cheese with Steamed Vegetables and Fruit Cobbler**

Hot Lunch (FRI ONLY):

- **Cheese or Pepperoni Pizza with Fruit Cobbler**

Week 2

- **PBJ** - Organic Peanut Butter and Strawberry Jam on Whole Wheat
- **Veggie** - White Cheddar, Lettuce, Tomato, Cucumber, and Avocado Spread on Whole Wheat
- **Turkey Cheddar** - Smoked Turkey & Cheddar Cheese on Whole Wheat

Hot Lunch Options (M-TH):

- **Bean & Cheese Quesadilla with Spanish Rice and Cinnamon Twist**
- **Chicken Nuggets & French Fries with Cinnamon Twist**
- **Macaroni & Cheese with Steamed Broccoli and Cinnamon Twist**

Hot Lunch (FRI ONLY):

- **Cheese or Pepperoni Pizza with Cinnamon Twist**
- **Hamburger or Cheeseburger with French Fries**



Frequently Asked Questions

How do I order?:

- Visit harriedandhungry.boonli.com and login with the credentials provided.
- Navigate to the month for which you would like to order, then select the menu from which you would like to order from.
- Click on a date to begin ordering.
- To select an item, just click on the name. Some items may have size choice or other options to choose - if so, those options will be displayed on the next screen. Once selections are made, the item(s) will appear in the right column.
- To complete your order, click on your shopping cart and click "Checkout".
- Select your payment method and add details, if needed.
- A confirmation screen will display and a confirmation email is immediately sent.
- Confirmed orders are displayed on the calendar page with an orange indicator.

Can I order for multiple days?:

- Yes! You can pre-order for any day available on the menu.

What's the cut-off time to place an order for lunch?:

- Orders must be placed by 11am the day before lunch service date.

How far in advance can I place orders?:

- You can place orders as far in advance as you like.

If my child is sick, can I cancel my order?:

- Changes can be made during the open ordering period. Credits for cancellations will be applied toward your next order(s). Once the ordering period has closed, your order is FINAL.

My hot lunch arrived cold?:

- Yes! All "hot" lunches are delivered cold and meant to be reheated on-site. Due to the nature of our service and delivery logistics, it is impossible for us to provide meals that remain hot upon arrival.

Summary

For more information or to schedule a call or sample lunch delivery, please don't hesitate to reach out today. We're excited to work with you and help make lunchtime fun for your students again!