

October 2010

Dear St. Benedict Parishioner,

Our parish has made a commitment to helping parishioners discern their gifts. During the *Called and Gifted Workshop*, participants are able to discover what gifts they have received from the Holy Spirit for the good of the church. Not only through the *Called and Gifted* process but in a variety of ways, parishioners have continued to be generous in finding opportunities to share their gifts with other parishioners as well as with those outside of our parish. If you need further help in discerning your gifts, please contact Marlene Liu, Pastoral Assistant for Administration and Stewardship, at the Parish Office for assistance.

Please take time to look at the many choices for ministry and service that are possible at St. Benedict and see what interests you. Then contact the person listed and ask questions about how you can get involved or to find out more about a particular area of service that interests you. There are activities for individuals, couples and families, so take some time to pray over possibilities. Please save this Directory for future reference or view the Directory online at www.stbens.net.

Our parish is asking every parishioner to consider a minimum of one way of sharing their talents (gifts) through our parish. Every parishioner is able to list the ministry (ies) or service(s) to be involved in on our parish stewardship commitment form.

Both as a parish and as individuals, we have received many gifts and among all of us there is an abundance of talent to accomplish what we are called to do as disciples of Jesus at St. Benedict Parish.

Sincerely yours in the peace of Christ,

A handwritten signature in cursive script that reads "Father Steve".

Father Steve Sallis, Pastor

Parish Staff

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PASTORAL COUNCIL

THE PASTORAL COUNCIL works to promote communication in the parish community through dialogue; fosters understanding among parishioners, parish organizations, the archdiocese and the universal church; and recommends priorities and direction to the Pastor through long range planning and visioning. The Pastoral Council also coordinates the annual parish picnic and the discernment process for new members for parish councils and commissions. Pastoral Council members have the opportunity to meet fellow parishioners, deepen their faith, and become familiar with the big picture of the parish. Meetings are held on the first Wednesday of the month, August through June. Members are asked to contribute 10 hours per month to the work of the Pastoral Council. For more information, contact Chair Mike Suarez at 206.683.8155 or msuarez@imatch.com.



THE PARISH ANNUAL TEA PARTY is a yearly event that began during our centennial year (2006) involving a luncheon and tea on the first Saturday in May that provides entertainment and fellowship. This fun social event is best supported by individuals who are creative, friendly and have musical, entertainment and/or promotional ideas to share. Men are particularly helpful as servers during the event. This tea party involves 2-3 organizational meetings in the spring, set-up, and serving and clean-up the day of the event and food preparation. It's a great way to meet new friends and provide a fun social event for parishioners. For more information, contact Chair Heidi Westling at 206.523.0958 or jimandheidiwestling@hotmail.com.

FINANCE COUNCIL

THE FINANCE COUNCIL advises the Pastor, Pastoral Council and School Commission regarding effective stewardship of the parish's financial and personnel resources. Members benefit by learning more about the organization of the parish and archdiocesan financial policies that apply to our parish. Meetings are held on the third Wednesday of the month, August through June. Members are asked to contribute up to five hours per month for the council. For more information, contact Chair Stephen Manghi at 206.722.5556 or smanghi@earthlink.net.

FAITH FORMATION

THE FAITH FORMATION COMMISSION works to assess the faith education needs of the parish; provides input and assistance in the development of vital ongoing Faith Formation for the entire Parish, from infants to adults; and recommends faith formation policies and programs to address these needs, when appropriate, to the Pastor. Members are asked to attend meetings on the fourth Wed. of the month August through June plus give 2-4 hours per month for the work of the commission. Benefits of being a member include learning more about our Catholic faith and assisting children and adults in exploring what it means to be Catholic. For more information, contact Chair A.J. Nelson at aj_nelson@msn.com.

ADULT SMALL GROUP LEADERS act as facilitators and provide hospitality. They are provided training to be effective in leading a study group. The adult small group six-week sessions meet in the fall and winter for prayer, reflection, study, and discussion to deepen faith and understanding of a selected topic. For more information, contact Val Keller at 206.632.0843 (x 216) or v.keller@stbens.net.

BOOK CLUB meets monthly on the first Thursday of the month at 7 pm. Members read and discuss a book that the group agrees to read. New members are always welcome. Members benefit by reading with friends and meeting new parishioners. For more information, contact Brenda Stratton at 206.527.8593 or bjandmes@msn.com.

CHILDREN'S LITURGY OF THE WORD is celebrated at some Sunday Masses and is an extension of the assembly's celebration by inviting children in grades 1-5 to hear the Word proclaimed in an age appropriate manner. The children return to their families at the Preparation of the Gifts for the remainder of the Mass with the assembly. Adults who have a special love for Sacred Scripture and are eager to help children in a deeper appreciation of the Mass are invited to assist in this ministry. For more info, contact Val Keller at 206.632.0843 (x 216) or v.keller@stbens.net.

CHRISTIAN INITIATION OF CHILDREN (ages 7-15) OF CATECHETICAL AGE TEAM assists unbaptized children and children baptized in other ecclesial communion as they seek Christian initiation either at the direction of their parents or guardians or, with parental permission, on their own initiative. Children of this age receive catechetical instruction adapted to their age and circumstances and, when deemed ready, are baptized, confirmed and/or receive the Eucharist. Team members assist with teaching and hospitality. For more information, contact Val Keller at 206.632.0843 (x 216) or v.keller@stbens.net.

CONFIRMATION TEAM offers hospitality, conducts preparation sessions, and offers support to candidates. Preparation sessions are held twice a month on Sundays October through May. Team members have the opportunity to deepen their faith and share their faith with others. For more information, contact Renée Lindstrom 206. 632.6140 or r.lindstrom@stbens.net.

FIRST RECONCILIATION/FIRST EUCHARIST TEAM assists all Catholic children grade two (2) and older who are already baptized, have reached the age of reason but have not celebrated First Reconciliation or received First Eucharist. Team members assist with preparation sessions which are held twice monthly on Sunday, 8:30 – 9:30 AM, September through May. For more information, contact Val Keller at 206.632.0843 (x 216) or v.keller@stbens.net.

INFANT BAPTISM TEAM provides appropriate pre-baptism preparation for parents, family and godparents of infants to be baptized. Team members choose how many baptism preparation sessions (16) and baptisms (8) they help with during the year. This ministry is especially suited for those:

- Willing to participate in training,
- Willing to share their faith,
- Comfortable in facilitating group process, and
- Available to help with baptism at Mass.

For more information, contact Val Keller at 206.632.0843 (x 216) or v.keller@stbens.net.

JUNIOR HIGH YOUTH MINISTRY TEAM assists the Pastoral Assistant for Youth Ministry by helping plan and coordinate social, spiritual and service-oriented activities for youth in grades 6-8. Junior High Youth Group meets every Wednesday evening 6:30-8pm. Our Junior High youth participate in the Archdiocesan Junior High Rally on a Saturday in March and the Youth Migrant Project, a summertime week of service. There is a deep satisfaction that comes with helping a young person know God's unconditional love, through your loving example. For more information contact Renée Lindstrom at 206.632.6140 or r.lindstrom@stbens.net.

MARRIAGE PREPARATION TEAM supports engaged couples as they prepare for marriage. Team members offer hospitality or present pertinent topics for those preparing for marriage. Marriage preparation evenings are held in the fall and spring each year and include six (6) sessions for the engaged. This is a wonderful ministry which challenges married couples who have been married at least one year to continue to work on their own relationship, while assisting engaged couples to be more involved in the parish. For more information, contact Kent Craver at 206.226.4509 or kdcraver@comcast.net or Jackie Craver at 713.240.3205 or jbcraiver@comcast.net.

MULTI-GENERATIONAL EVENT TEAMS assist in planning, set-up, facilitating and clean-up after events. These events usually occur during Advent, Lent, and Easter/Pentecost and include pot luck gatherings and other activities. These programs provide people of all ages – children, teens, and adults – an opportunity to learn about the season, share discussion and activities. For more information, contact Val Keller at 206.632.0843 (x 216) or v.keller@stbens.net.

RITE OF CHRISTIAN INITIATION OF ADULTS TEAM assists unbaptized adults, adults baptized in other ecclesial communions, and baptized Roman Catholics who are completing their initiation in the Catholic Church as they learn about the Catholic Church and faith. Members of the team come weekly on Thursdays 7-9 PM for RCIA sessions and other RCIA activities as needed. For more information, contact Val Keller at 206.632.0843 (x 216) or v.keller@stbens.net.



SENIOR HIGH YOUTH MINISTRY TEAM assists the Pastoral Assistant for Youth Ministry by helping plan and coordinate social, spiritual and service-oriented activities for youth in grades 9-12. Senior High Youth Group meets twice a month on Sunday evenings from 5:30-7pm, followed by the 7pm Mass. Our Senior High group participates in the Archdiocesan Youth Convention in early November. They are also invited to participate with their parents in the Esperanza Mission Trip to Mexico in July of 2011. This ministry is best supported by adults who are willing to share their faith with young people. For more info, contact Renée Lindstrom at 206.632.6140 or r.lindstrom@stbens.net.

SPONSORS assist people preparing for baptism and confirmation in our parish. They attend formation sessions, Masses, and other rituals as they support an individual in the initiation process. Those needing sponsors include: parents of infants, children and adults in the RCIA, and teenagers and adults seeking confirmation. For more info, contact Val Keller 206. 632.0843 (x 216) or v.keller@stbens.net

SUNDAY CHILD CARE is offered every Sunday during the 10 AM Mass in the lower level of the parish center. It is open to children who are “crawlers” through age 4. Adult and high school parishioners assist the Childcare Supervisor in caring for the children. One of the biggest benefits of this ministry is the joy of seeing young children grow and thrive over the years. For more information, contact Natasha Yanover at 206.696.1128 or nyanover@gmail.com.

SUNDAY SCHOOL FOR PRESCHOOL AND KINDERGARTEN CHILDREN Weekly instruction is provided for 4 and 5 year olds during the 10 AM Mass in the lower level of the Parish Center September through May. The focus of the class is the lectionary readings for the Sunday. This approach allows all family members to discuss what they discovered in the readings. Adults are classroom

catechists (teachers) and classroom assistants. Training is provided. For more information, contact Val Keller at 206.632.0843 (x 216) or v.keller@stbens.net.

WEDNESDAY ELEMENTARY FAITH FORMATION is offered Wednesdays, twice monthly, 4-5:30 PM, for public school students in grades 1, 3, 4 & 5. It provides a thorough study of the Catholic faith with age-appropriate materials, including Scripture, prayer, art and discussions. Adult and high school parishioners serve as catechists, assistants, and helpers. Training is provided. For more info, contact Val Keller at 206.632.0843 (ext. 216) or v.keller@stbens.net.

WOMEN'S MINISTRY provides an opportunity for women in the parish to meet for spiritual support and formation. The group meets on the 1st and 2nd Tuesdays of each month at 7 pm. Childcare is provided. Help with childcare and hospitality is always appreciated. All women in the parish are invited to come and enjoy this opportunity for faith sharing and friendship. For more information, contact Deb Reilly at 206.633.3527 or dsreilly1@comcast.net.

YOUNG ADULT MINISTRY TEAM coordinates a variety of young adult activities for single and married young adults (21-35 years old). Team members meet on a regular basis to plan and evaluate activities. Anyone 21 and older in the parish can serve on this team. For more information, contact Val Keller at 206.632.0843 (ext. 216) or v.keller@stbens.net or Jonathan and Mia Gardner at 206.919.0480 or mimitot@gmail.com.



HUMAN CONCERNS AND SOCIAL JUSTICE

THE HUMAN CONCERNS AND SOCIAL JUSTICE COMMISSION participates in parish life through discussions, activities and events focused on Catholic Social Teaching. Commission members meet on the 4th Wednesday of the month. Members are asked to contribute 5-7 hours each month. Being a commission member is an excellent, tangible way to reach out and serve others within the larger community, as well as within the parish. For more information contact Chair Bernie Silbernagle at 206.297.1431 or bsilbernagle@gmail.com.

CABRINI MINISTERS participate in ministry to those who are homebound or in nursing homes and hospitals; assist in care of the poor and needy and serve in liturgical ministry. Candidates participate in initial training from mid-October through mid-March and receive certification as a Cabrini Minister at the end of the training. They also receive excellent ongoing training that applies to many areas of their lives and opportunities for service. After the training is completed, St. Benedict Cabrini Ministers are asked to give two years of service to the parish, which is renewable. For more information, contact Jean Clancy at 206.783.8034 or clanje5@aol.com.

FRIENDS OF LIMULUNGA is a committee of the Human Concerns and Social Justice Commission that oversees our relationship with St. Lawrence of Brindisi Parish in Limulunga, Zambia, and our parish. This committee is responsible for maintaining updated information about our two parishes, raising funds as needed to support St. Lawrence parishioners, and working with other parishes in the Archdiocese that have an African connection.

The committee meets regularly and is always open to anyone who is interested in exploring this international connection. For more info, please contact Tim McGinnis at 206.706.9135 or jeanniemcginnis@comcast.net.

PEACEFUL CRAFTERS meets every Thursday morning September through May to make craft items including quilts, lap robes for the homebound and Christmas gift boxes for Catholic Community Services' clients. Members enjoy gathering to share their talents and cultivate friendship. For more information, contact Hazel Emery at 206.632.2783 or emeryhazel68@msn.com.

ST. MARTIN DE PORRES SANDWICH MAKERS prepare sandwich lunches for homeless men who live at the St. Martin de Porres shelter in downtown Seattle. Lunches are made on the first and third Monday of each month beginning at 9:30 am in the school cafeteria. All parishioners can share their sandwich making skills with fourth graders from St. Benedict School. For more information, contact the parish office at 206.632.0843 or parish@stbens.net.



ST. VINCENT DE PAUL SOCIETY carries out the dream of its patron by assisting the poor and needy who live within our parish boundaries. Members visit those in need and meet monthly to discuss their service to the needy. Members need to be 18 years of age or older and benefit not only by bringing Christ to others but seeing Christ in those they serve. For more information, contact Jodee Carlstrom at 206.550-3187 or jodee_marie@hotmail.com.

ST. BENEDICT SCHOOL

ST. BENEDICT SCHOOL COMMISSION members work together, especially in their area of expertise, to help implement initiatives identified in the school five year plan; advise the principal and pastor on matters of policy; and offer gifts and talents in marketing, fundraising, development, finance, and academics. Three parishioners (who do not have children currently enrolled at St. Benedict School) serve on the commission in addition to six current school parents. Members have the opportunity to support this ministry of the parish and assist in maintaining excellence in the school. The commission meets on the 3rd Thursday of the month, September through May. Members are asked to contribute six hours per month. For more information, contact Chair Charlene Aguilar at 206.420.8256 or charlene.aguilar@lakesideschool.org.



ST. BENEDICT SCHOOL VOLUNTEERS help with over 50 different short term or long term projects, e.g., school fundraisers (Great Wallingford Wurst Festival and School Auction), school communications, and technology. This is an opportunity to serve that is especially suited for those who have time during the day and love being with children whether or not they have children at St. Benedict School. For more info, contact Coordinator Heidi Westling at 206.523.0958 or jimandheidwestling@hotmail.com.

STEWARDSHIP

THE STEWARDSHIP COMMISSION is responsible for keeping “*Stewardship as a Way of Life*” visible & viable in the parish by assisting in welcoming new members to the parish and educating all parishioners about the value of time, talent and treasure in the life of a Catholic disciple of Jesus Christ. This commission also helps in promoting new ministries and services in the parish. Members meet on the second Wednesday of each month, Aug. through June. Commission members are asked to give 6-8 hours per month in service and benefit by sharing their discipleship with parishioners in a variety of ways. For more information, contact Chair Mary Kelly at 206.675.0089 or marykelly919@comcast.net.

HEALTH & WELLNESS COMMITTEE at St. Benedict focuses on supporting our parish wellness through health and fitness activities. Some activities have included: Health & Wellness Fair, hosting games at the annual picnic and local short hikes. For more info please contact Tom Truong at 206.297.6020 or ttruong66@hotmail.com.

SUNDAY HOSPITALITY HOUR HOSTS provide beverages and food, clean up, and make people feel welcome during this parish social time. Hospitality hour happens after the 8 am and 10 am Masses most Sundays of the year and after the 7 pm Mass monthly. Hosts, whether individuals or groups, have the opportunity to serve others and help new parishioners and visitors meet one another. This is a wonderful opportunity for parish groups to have their ministries visible by hosting & sharing information at the same time. To sign-up for an upcoming Sunday or for more information, contact Coordinators Michael Ann Sagin 206.547.8268 or masagin@comcast.net or Chris Harthorne at 206.285.1592 or charthorne@pspilots.org.

WORSHIP AND SPIRITUAL LIFE

THE WORSHIP & SPIRITUAL LIFE COMMISSION is charged with setting goals and standards for the overall liturgical life and activities of the parish. Drawing upon the many gifts and experiences of the commission members and parishioners, we accomplish our goals by:

- Assessing diverse worship & spiritual needs of the parish
- Recommending liturgical and sacramental policies and practices to the pastor consistent with the norms established by the Archdiocese of Seattle and the Universal Church
- Recommending permanent art and environmental aspects of the worship space
- Recruiting, training and supporting liturgical ministers
- Preparing liturgies for the feasts and season of the liturgical year, and reviewing past liturgies to discern that parish needs are met

Members commit to monthly 2 hr. meetings, one 4 hr. liturgy planning session; planning and hosting our Parish Lenten Retreat and miscellaneous opportunities to enhance the spiritual life of the parish. Being a member of the Worship & Spiritual Life Commission is an opportunity to learn more about the liturgy, to deepen one's appreciation of the richness of our Catholic liturgical life, and to play an active role in supporting the liturgical and spiritual life of the parish. For more information, contact Chair Zeny Zimmerman at 206.364.1081 or zdz724@hotmail.com.

ALTAR SERVERS assist at Mass on Sundays and Holy Days of Obligation and other days as needed. Altar Servers must be at least in the sixth grade (although there is no upper age limit) and receive training. Altar Servers benefit in serving by assisting the assembly to pray better and learning more about the celebration of Mass and other sacraments. For more information, contact Joe Fellores at 206.525.8602 or jfellores@yahoo.com.

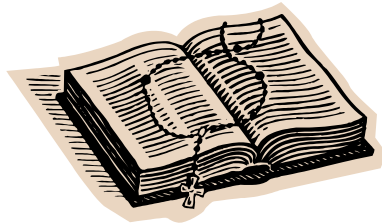
EXTRAORDINARY MINISTERS OF COMMUNION assist with the distribution of Communion at Mass and/or may be trained to take Communion to those unable to attend Mass. Extraordinary Ministers of Communion have a deep appreciation for the Eucharist in the life of the Church and enjoy bringing Christ to others. For more information, contact Judy Webb at 206.782.1440 or judywebb@hotmail.com.

HOSPITALITY MINISTERS/USHERS notice, reach out, and greet parishioners and visitors as they come into church: they are friendly, welcoming and attentive to the needs of others by providing worship aids, directing individuals to seating in the church, and answering questions that help newcomers feel welcome. Ministers of hospitality invite parishioners to bring forward the gifts at the time of the preparation of the altar, and tidy up the church following the liturgy in preparation for those who will next gather for worship. Weekly attendance at Sunday liturgy of choice (there is a schedule provided); arriving 20 minutes before the liturgy begins, and staying after the liturgy to tidy up the church are elements of this ministry. This ministry is an opportunity to share the loving welcome of Jesus with others. For more information, contact Shawna McMahon at 206.632.7583 or shawnamc@gmail.com.

MUSIC MINISTERS support the worship life of the parish through beautiful and inspiring music, and facilitate the full participation of the assembly in song. Cantors, instrumentalists and choir members are all part of this ministry team. The eagerness to sing is a standard quality for this ministry and the ability to read music is helpful, but not necessary. Choir members meet weekly for a 2 hour rehearsal and a ½ hour warm-up before Mass. Music ministers enjoy the benefits of meeting new friends, being a part of a creative team which enjoys making music together, and the satisfaction of serving the whole parish through leading music that helps us all pray better together.

For more information, contact Charles Hiestand at 206.632.0843 (x 218) or c.hiestand@stbens.net.

READERS proclaim the Scriptures to the worshipping community during the Liturgy of the Word at Mass. They also lead the Intercessory prayers. This ministry is best supported by those who love Scripture, possess vocal clarity and resonance and have a willingness to invest in preparation and skill development. Readers are scheduled at a given Mass once every 6-8 weeks. This ministry is an opportunity to bring the Word to life as well as to evangelize through the personal faith you witness in the proclamation of the Gospel. For more information, contact Jackie Craver at 713.240.3205 or jbcraver@comcast.net.



SACRISTANS are responsible for preparing of the daily and Sunday liturgies and in assisting other liturgical ministers in carrying out their responsibilities. In consultation with the Pastor, ensures that the Church is prepared for the celebration of the liturgy and/or other services. For more information, contact Marion Peterson at 206.632.6268.

WEDDING HOSTS assist couples who are preparing for their wedding by helping before, during and after the wedding rehearsal and being present on the day of the wedding to provide assistance. The wedding host also answers questions prior to the wedding regarding flowers, candles, photography, and other wedding details. For more information, contact Charlene Madison at 206.352.9881 or charlene.madison@comcast.net.

THE DISCERNMENT PROCESS FOR COUNCILS & COMMISSIONS

As a parish, we are committed to ensuring that our leadership reflects our community as a whole. For that reason, members of our councils and commissions are not “elected” but are rather chosen through a process of community discernment. We believe that the Holy Spirit actively calls people to serve on these consultative bodies and helps us as a community to determine who will most effectively provide the type of leadership that is needed. The Discernment Process begins in late winter with the nomination process and culminates with the time for prayer, reflection and discernment of new members on a Saturday in May. All current council and commission members, all nominees and any interested parishioners are invited to participate on Discernment Day.

All council and commission members are required to participate in a Called and Gifted workshop before they participate in Discernment Day or within their first year of service.

The Pastoral Council has adopted the recommendations made by “Many Gifts, One Spirit,” a document from the Archdiocese of Seattle, as criteria for membership on our consultative bodies.

Anyone nominated for membership on any consultative body should be:

- ☞ A baptized and confirmed Roman Catholic in good standing with the Church;
- ☞ Registered and supporting member of the parish and active participant in parish life;
- ☞ In possession of an understanding and commitment to the Church in accord with the principles of Vatican II;
- ☞ Committed to prayer, study, listening and dialogue; and
- ☞ Committed to giving the talent and time needed for participation, including attending monthly council or commission meetings.

GOD GIVES IT ALL – THEN CALLS US TO SHARE.

Stewardship isn't just about how much money we give or how we volunteer in ministry to support our parish. It is about the way we live our lives in every way. Part of that way of life is about how we enable our parish to carry out the mission Christ gave to the Church.



“There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone.”

1 Corinthians 12: 4-6